

CHANGE TEAM HANDOUT

Planning a Healthy Place

WORKSHEET #1

1. Write a short paragraph (an Outcome Statement) that describes what outcome you want.

2. What information is needed to inform the Team's decisions?

3. How will the Change Team get the information it needs?

HINTS:

Be sure to answer these questions in your statement:

- What outcome do you want?
- How will you recognize or judge whether you have been successful?
- In what quantity or frequency do you want the outcome?
- By what date or within what timeframe do you want to achieve the outcome?

Start statements 4 through 9 with, "When students are in the place or with the team, we will..."

4. _____
_____ to be sure that students feel connected.

5. _____
_____ to be sure that students feel like they belong.

6. _____
_____ to be sure that students have a choice in what happens.

7. _____
_____ to be sure that students have an opportunity to provide input.

8. ... provide them with the opportunity to _____
_____ so they can learn and practice healthy skills.

9. be sure that healthy behaviors and choices are expected and supported by doing these things:

10. Using the statements you made in items 4 through 9, rewrite your Outcome Statement to include the four critical elements of a healthy place.
